5A Clarkson Rd. Ellisville. MO

PLANET HEALTH'S NEWSLETTER

Ph: 636-527-8888

1ST QUARTER 2019

- MUSHROOM HOT COCOA MUSHROOM HOT CACAO MIX
- **Energy Support**

- Cough
- tures around the world for centuries. One type of mushroom, Cordyceps sinensis, is an antioxidant, can stimulate the immune system, as well as enhance energy. Cordyceps is edible, native to Asia and was used in Chinese and Tibetan traditional medicine for a range of health issues. cer cells and is able to According to Chinese-Herbs.org, cordyceps belongs to a family of mushrooms that are parasitic control the division of organisms, and grow wildly on the caterpillars in cancer cells. It also inhigh plateaus of China, Nepal and Tibet. Because

UShrooms have been used by many cul-

of how they are grown, cordyceps are also known as the caterpillar mushroom, Research shows that cordyceps may help stimulate the immune system and improve function in the kidney, liver and lungs. Further, some studies show that cordyceps may have an effect on testosterone levels. It stimulated increased testosterone levels

from leydig cells in the animals 'testicular tissues. Researchers concluded that cordyceps may offer future treatment for reproductive problems in men. A compound found in cordyceps, may have anti-

inflammatory characteristics with the potential to help sufferers of asthma, rheumatoid arthritis, renal failure and stroke damage. Cordycepin reduces inflammatory gene products in airway smooth muscle cells,-the cells that contract during an asthma attack. It slows down the rapid cellular responses to tissue damage. Resources: vitamin retailer magazine

What's New? FOUR SIGMATICO Medicinal Mushroom Elixir

Drinks

Organic Mixes Instantly

- **Health Benefits of Cordyceps** Healthy Libido and sex
 - ual functioning support Immune Stimulant Cancer: Cordyceps delays the diffusion of can-

creases the ability of the

immune system's T cells

and macrophages to en-

gulf and destroy invad-

Tinnitus: Cordyceps

helps people with tinni-

tus caused by fluid accumulation in the inner ear. It is not helpful for tinnitus accompanied by a long history of auditory nerve disorder, however.

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WHEN: Saturday, Jan. 5, 2019

Saturday, Feb. 2, 2019

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HOURS:

Ellisville, MO 63011 Ph: 636-527-8888

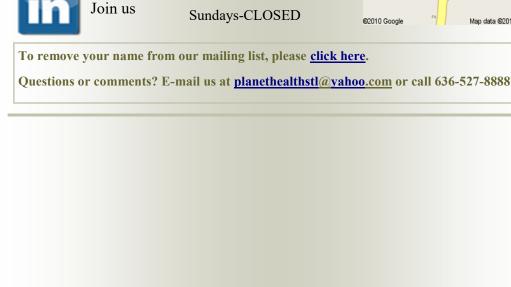
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Sundays-CLOSED

NUTRITIONAL BLOOD ANALYSIS



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