

PLANET HEALTH'S NEWSLETTER



Hemp Oil CBD

Many of you have heard about cannabidiol (CBD), especially as it relates to some of the controversies of marijuana and industrial hemp. The government's definition of marijuana is any compound from the plant *Cannabis sativa* with 0.3 percent or more tetrahydrocannabinol (THC), which is the psychoactive compound in marijuana responsible for "getting high." Industrial hemp is from a similar plant in the *Cannabis sativa* family, but contains less than 0.3 percent THC.

However, CBD and hemp oil are not the same thing. Hemp extract that is derived from the stalk (not seed) of industrial hemp is rich in a family of over 100 compounds called phytocannabinoids. These are plant nutrients that interact with the body's own endocannabinoid system to elicit health benefits. CBD is only one of these nutrients, and it works much better within the full family of hemp phytocannabinoids than on its own. So while it is true that full spectrum hemp oil contains CBD, it also contains many other active nutrients that provide excellent benefits via their influence of the endocannabinoid receptors.

4th QUARTER 2018



Benefits of Hemp Oil

- **SLEEP:** Researchers reported that hemp compounds hold promise for REM sleep behavior disorder and excessive daytime drowsiness.
- **STOP JOINT & MUSCLE PAIN**
- **SLOW CANCERS AND STOP THE SPREAD OF TUMORS:** Phytocannabinoids from hemp have been found to kill cancer cells and inhibit the spread of tumors *without* affecting healthy cells.
- **ALLIVIAE EPILEPSY SYMPTOMS:** Studies found that a CBD-enriched hemp oil reduced the frequency of seizures in 89 percent of the children in the trial.

Resource vitamin retailer magazine, Terry Talks Nutrition

What's New?



Innovative CBD Products

Why is our product different from any other?
These are some of the reasons:



Products of the highest quality



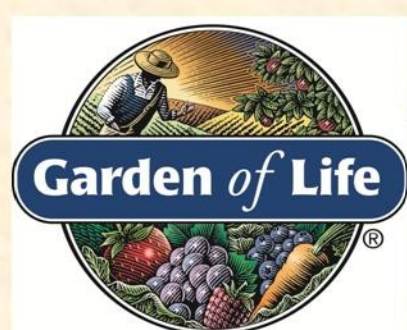
Solvent free



CO2 extracted CBD



Pure organic product



mykind
ORGANICS
HERBALS

NOTICE

NUTRITIONAL BLOOD ANALYSIS



WHEN: Saturday, Oct. 13, 2018

Saturday Nov 3, 2018

Saturday, Dec 1, 2018

TIME: 9:00 AM - 5:00 PM

(636) 527-8888

SCHEDULE YOUR APPOINTMENT TODAY

HOLIDAY HOURS



HOLIDAY HOURS:

THANKSGIVING EVE, CHRISTMAS EVE & NEW YEAR'S EVE:
9:00AM-5:00PM

THANKSGIVING DAY, CHRISTMAS DAY & NEW YEAR'S DAY:
CLOSED

JOIN OUR NETWORK



Find us

5A Clarkson Rd.

Ellisville, MO 63011

Ph: 636-527-8888

www.planethealthstl.com

HOURS:

Mon-Fri: 9:00AM-7:00PM

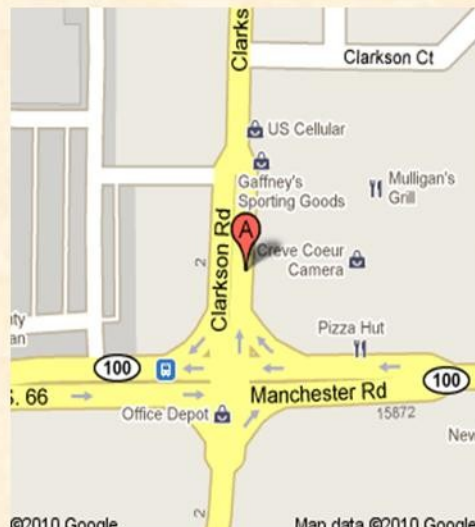
Saturday: 9:00AM-5:00PM



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